

310.925.2645

# Sara Holden

Ht: 5'2"

sara@saraholden.com  
SAG/AFTRA  
www.saraholden.com

Wt: 107 lbs  
Eyes: Green  
Hair: Blonde

## Hosting/Commercials

Craig Ferguson Segment	Host/Producer	Late Late Show Spec
Metro Toyota (Chicago)	Infomercial Host	Spi TV Media
Steve Peters Chevrolet (Chicago)	Infomercial Host	Spi TV Media
MTV Demo	Host	MTV Networks
IJOY Massage Chair	Testimonial	Joyride Media

## Film/Television:

HOUSE	Co Star	Dir. David Platt
MONK	Co Star	Dir. Randy Zisk
Jimmy Kimmel Live	Featured	ABC
The OC	Co Star	FOX
ER	Featured	NBC
Life's Path	Lead	Black Tower Films
Stories for Sale	Lead	Vintage 98 Productions
Culture Clash (Pilot)	Lead	Sapphire Media
Hollywood Streets	Lead	Odezka Media

## Theatre:

Rumors	Patty	Second City -Chicago
Damn Yankees	Gloria	Three Rivers Theatre
It's A Wonderful Life	Violet	Oakwood Gardens
Frankie and Johnny	Frankie	Everwood Theatre
The Women	Crystal	Supernatural Chicago
Hatful of Rain	Celia	Everwood Theatre
Beyond Therapy	Prudence	Metro Theatre
The Beverly Hillbillies	Elly May	Utica Comm Theatre
Fear	Tiffany	Oakwood Gardens
The Children's Hour	Lillian	Metro Theatre

## Professional Training

Margie Haber Studios	Audition Technique	Margie Haber
Playhouse West	Meisner	Robert Carnegie
Second City Chicago	Scene Study	Micheal Pieper
Second City Chicago	Advanced Improvisation	Michael Gellman

**Special Skills:** Stuntwoman, Rick Seaman's Motion Picture Driving Clinic, Collegiate All Around Gymnast, Women's **RUGBY** (3 yrs), Skydiving, Certified SCUBA (NAUI), LAPD Basic Training, Bungee Jumping, Juggler, Roller Skating...yes, skating, Collegiate Softball, Bartender, Cheerleader, Hobbyist Guitar, Horseback/Polo Riding, Adventure traveler, all around athletic, singing the state's in alphabetical order